



**Physical Medicine & Rehabilitation Services
Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP)
and Amputation Specialty Program (ASP)**

“Working Together to Improve Quality of Life and Safely Return You Home”



Veterans Affairs North Texas Health Care System

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About CIIRP and ASP Programs

The Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) and Amputation Specialty Program (ASP) are rehabilitation programs where Veterans receive intensive, acute rehabilitation services. CIIRP addresses physical, psychological, and medical problems to maximize each Veteran's quality of life and a safe return to home. Located in the Community Living Center (CLC) at the Dallas VA Medical Center and accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and the Joint Commission (TJC), the program includes specialization in the care of the amputee in pre- and post-prosthetic phases of rehabilitation.

CIIRP Mission

To maximize the health, functional independence, and quality of life for Veterans with disabilities through excellence in clinical care, education, and research.

Services

Your Rehabilitation Team includes:

- You
- Family Members
- Physician/Physician Assistant
- Rehabilitation Coordinator
- Psychologist
- Rehabilitation Nurse
- Physical Therapist
- Social Worker
- Speech Language Pathologist
- Kinesiotherapist (Drivers' Training)
- Recreation Therapist
- Occupational Therapist
- Chaplain and Dietitian
- Other medical professionals as needed

Suggested Items to Bring

- Grooming items for personal care
- Wheelchair, cushion, and leg rests
- Assistive Devices (i.e., reacher, sock aid)
- Easy to pull-on clothing, sturdy walking shoes, underwear, socks, etc.
- Laundry detergent (Washer and dryer are available.)

CIIRP Eligibility

The CIIRP Team provides services to Veterans after an amputation, a stroke, fractures, joint replacement, weakness after surgery, heart attack, and similar medical conditions. Eligible Veterans are assessed using these criteria:

- Medically stable.
- Able to participate and tolerate therapy, 3 hours a day, 5-6 days a week.
- Need help with 2 or more therapies (i.e., Physical, Occupational, Speech Therapies)
- Alert and able to follow instructions.
- Be motivated, capable, and willing to participate in therapies.
- Able to improve function or achieve independence.
- Able to be discharged outside of the institutional setting.

Outcomes

In 2014, 75 Veterans were admitted to CIIRP with an average age of 63 years. Surveys showed 97% of Veterans are very happy with their care. Most Veterans stay in CIIRP for 12 days and received 2.9 hours of therapy per day. Overall, 73 veterans met 90% or more of their predicted goals. Two Veterans were discharged to the hospital, 2 to a nursing facility, and 71 directly home. At follow-up, 85% of Veterans were able to maintain and/or improve their ability to perform their self-care and mobility.