



# A Website for Veterans

## www.myhealth.va.gov

*Putting the Veteran in the Center of VA Health Care*

**My HealthVet** is a web-based application designed specifically as a one-stop shop for veterans and their families. Since November 11, 2003, it has helped veterans work better with healthcare providers to achieve the best possible health.

### Anyone can use My HealthVet

- Access trusted sources of health information
- Create, maintain and control your own personal health journal
- Record and track personal health readings, such as blood pressure or blood sugar.

Veterans who get prescriptions filled at the VA may also use My HealthVet to request their refills.

### Quick Links on the Home page



#### **Prescription Refill**

Just a few keystrokes and your VA medication is on its way to your doorstep.



#### **Physicians & Providers**

Keep track of all your health care providers in one location.



#### **In Case of Emergency**

A convenient electronic log where you can record your emergency contacts.



#### **Vitals**

Monitor and graph health statistics online.



#### **Medical Library**

Two extensive online medical libraries: MedlinePlus® and Healthwise®.



#### **Military Health History**

Keep track of all your military health information.



#### **VA Honors Veterans**

The VA honors America's veterans through articles and presentations.

## Upcoming features of My HealthVet

- Appointment lookup
- Request portions of your medical record

### How do I know my information is secure?

- As a registered user, your account is password protected.
- My HealthVet uses Secure Socket Layer (SSL) technology to scramble your information as it travels from your computer to our computers. SSL is the industry standard encryption software and is among the safest for assuring secure transactions.
- My HealthVet complies with the strict security demands required of all federal government computer systems and has earned an Authority to Operate



### In order to use all features of My HealthVet, you must:

- Be a veteran currently receiving care at a VA medical center.
- Be a registered user of My HealthVet.
- View a video available on the website or at VA libraries in Dallas and Bonham and in the Administrative Office at the Fort Worth OPC.
- Complete a Release of Information form.
- Present the form and a picture ID (veterans ID card or drivers license) to the Release of Information Desk at Dallas, Bonham or Fort Worth Outpatient Clinic.  
In Dallas, you may complete this step in the Library, Building 2, 3rd floor, Room B304.

*For assistance with the My HealthVet website, contact VA North Texas Health Care System Library staff at: [ntxlibrary@va.gov](mailto:ntxlibrary@va.gov)*



**Register Today!**

**My HealthVet**

- ✓ Voluntary
- ✓ Internet-Based
- ✓ Secure
- ✓ Refill your VA prescriptions online!