A Website for Veterans
www.myhealth.va.gov

Putting the Veteran in the Center of VA Health Care

My Health\textsuperscript{e}Vet is a web-based application designed specifically as a one-stop shop for veterans and their families. Since November 11, 2003, it has helped veterans work better with healthcare providers to achieve the best possible health.

Anyone can use My Health\textsuperscript{e}Vet

- Access trusted sources of health information
- Create, maintain and control your own personal health journal
- Record and track personal health readings, such as blood pressure or blood sugar.

Veterans who get prescriptions filled at the VA may also use My Health\textsuperscript{e}Vet to request their refills.

Quick Links on the Home page

- **Prescription Refill**: Just a few keystrokes and your VA medication is on its way to your doorstep.
- **In Case of Emergency**: A convenient electronic log where you can record your emergency contacts.
- **Medical Library**: Two extensive online medical libraries: MedlinePlus\textsuperscript{®} and Healthwise\textsuperscript{®}.
- **VA Honors Veterans**: The VA honors America’s veterans through articles and presentations.
- **Physicians & Providers**: Keep track of all your health care providers in one location.
- **Vitals**: Monitor and graph health statistics online.
- **Military Health History**: Keep track of all your military health information.
Upcoming features of My Health Vet

- Appointment lookup
- Request portions of your medical record

How do I know my information is secure?

- As a registered user, your account is password protected.
- My Health Vet uses Secure Socket Layer (SSL) technology to scramble your information as it travels from your computer to our computers. SSL is the industry standard encryption software and is among the safest for assuring secure transactions.
- My Health Vet complies with the strict security demands required of all federal government computer systems and has earned an Authority to Operate

In order to use all features of My Health Vet, you must:

- Be a veteran currently receiving care at a VA medical center.
- Be a registered user of My Health Vet.
- View a video available on the website or at VA libraries in Dallas and Bonham and in the Administrative Office at the Fort Worth OPC.
- Complete a Release of Information form.
- Present the form and a picture ID (veterans ID card or drivers license) to the Release of Information Desk at Dallas, Bonham or Fort Worth Outpatient Clinic.
  In Dallas, you may complete this step in the Library, Building 2, 3rd floor, Room B304.

For assistance with the My Health Vet website, contact VA North Texas Health Care System Library staff at: ntxlibrary@va.gov

Register Today!
My Health Vet

✔ Voluntary ✔ Internet-Based ✔ Secure

✔ Refill your VA prescriptions online!

Department of Veterans Affairs
Veterans Health Administration
Office of Information

Reviewed by Teresa Hanson, March 2008
VA North Texas Health Care System